

2020/21 Program Components for Synchronized Skating

SKATING SKILLS	TRANSITIONS	PERFORMANCE	COMPOSITION	INTERPRETATION
The overall cleanness and sureness, edge control and flow over the ice surface demonstrated by a command of the skating vocabulary (edges, steps, turns etc.), the clarity of technique and the use of effortless power to accelerate and vary speed	The varied and purposeful use of intricate footwork, positions, movements, holds and formations that link all Elements	Involvement of the Teams physically, emotionally and intellectually as they deliver the intent of the music and composition	An intentionally developed and/or original arrangement of all types of movements, according to the principles of musical phrase, space, pattern and structure	The personal, creative and genuine translation of the rhythm, character and content of music to movement on ice. In evaluating the Interpretation of the Music/Timing, the following must be considered:
Use of deep edges, steps and turns	Continuity of movements from one Element to another	Physical, emotional and intellectual involvement	Purpose (idea, concept, vision, mood)	Movement and steps in time to the Music/Timing
Balance, rhythmic knee action and precision of foot placement	Variety, including variety of Holds	Projection	Pattern and ice coverage	Expression of the music's character/feeling and rhythm, when clearly identifiable
Flow and glide	Difficulty	Carriage and Clarity of movement	Multi-dimensional use of space and design of movements; use of Holds	Use of finesse to reflect the details and nuances of the music
Varied use of power, speed and acceleration	Quality	Variety and contrast of movement and energy	Phrase and form (movements and parts structured to match the musical phrase)	Relationship between the Skaters reflecting the character and rhythm of the music
Use of multi-directional skating		Individuality/personality	Originality of the composition	
Use of one (1) foot skating		Unison and "oneness"		
		Spatial awareness between Skaters; management of the distance between Skaters; changes of Holds		

Category	Range	Definition	If there is a/are...	Impact for Synchronized Skating
Platinum	10.00	Outstanding	Fall or Major Error	<u>Maximum 9.75 can be awarded for any Component</u>
Diamond	9.00 – 9.75	Excellent	Falls or Major Errors	<u>Maximum 9.00 can be awarded for any Component</u>
Gold	8.00 – 8.75	Very Good		
	7.00 – 7.75	Good		
Green	6.00 – 6.75	Above Average		
	5.00 – 5.75	Average		
Orange	4.00 – 4.75	Fair		
	3.00 – 3.75	Weak		
Red	2.00 – 2.75	Poor		
	1.00 – 1.75	Very Poor		
	0.25 – 0.75	Extremely Poor		